

WEEK one



WEEK two



WEEK three



CHADWICK'S KITCHEN

Spring & Summer

2022

Monday

choose a main meal:

Cheese & Tomato Pizza Swirl (V)
Or
Mild Vegetable Curry (V)
Or
Spaghetti with Tomato Sauce (V) ♥
Or
Jacket Potato with Tuna

on the side:

Potato Wedges
Rice
Carrot & Cucumber Sticks
Sweetcorn

for dessert:

Homemade Iced Sponge Or
Cheese & Crackers Or
Fresh Fruit Or Yoghurt

choose a main meal:

Stonebaked Cheese & Tomato Pizza
Or
Cheesy Risotto Bake (V) ♥
Or
Tomato Pasta Bake (V) ♥
Or
Jacket Potato with Tuna

on the side:

Garlic Bread
broccoli
Sweetcorn

for dessert:

Chocolate Mousse Or
Cheese & Crackers Or
Fresh Fruit Or Yoghurt

choose a main meal:

Miss Marisa's Veggie Chow Mein ♥
Noodles (V)
Or
Baked Bean And Cheese Wrap (V)
Or
Tomato & Cheese Pasta Bake (V) ♥
Or Jacket Potato with Tuna

on the side:

Sweetcorn
Green Beans

for dessert:

Homemade Blueberry Sponge Or
Cheese & Crackers
Fresh Fruit Or Yoghurt

Tuesday

choose a main meal:

Chadwick's Kitchen Chicken Kiev ♥
Or
Quorn Mince & Dumplings (V)
Or
Deep South BBQ Mac 'n' Cheese (V)
Or
Jacket Potato with Cheese (V)

on the side:

Baby boiled Potatoes
Green Beans
Cauliflower

for dessert:

Janey's Fruit Crumble Cake Or
Cheese & Crackers Or
Fresh Fruit Or Yoghurt

choose a main meal:

Chicken Pie ♥
Or
Homemade Tomato Burger (V) ♥
Or
Pasta Carbonara
Or
Jacket Potato with Cheese (V)

on the side:

Boiled Potatoes
Wedges
Carrot & Turnip Mash

for dessert:

Cath's Apple & Cinnamon Crisp
Or Cheese & Crackers Or
Fresh Fruit Or Yoghurt

choose a main meal:

Chicken Fajita ♥
Or
Quorn Sausages (V)
Or
Vegetable Lasagne (V)
Or
Jacket Potato with Cheese (V)

on the side:

Herby Potatoes
Broccoli
Cauliflower

for dessert:

Chefs Banana Bread and Ice-Cream Or
Cheese & Crackers Or
Fresh Fruit Or Yoghurt

Wednesday

choose a main meal:

Roast dinner day with Yorkshire Puddings ♥
Or
Homemade Cheese & Potato Pasty (V)
Or
Creamy Tomato Pasta Bake (V)
Or
Jacket Potato with Baked Beans (V)

on the side:

Roast Potatoes
Broccoli
Carrots
Baked Beans

for dessert:

Homemade Toffee Apple Sponge
Cheese & Crackers Or
Fresh Fruit Or Yoghurt

choose a main meal:

Roast Dinner Day with Yorkshire Puddings ♥
Or
Homemade Sweetcorn Fritters (V) ♥
Or
Homemade Baked bean and Bacon Hash
Or
Jacket Potato with Baked Beans (V)

on the side:

Mashed Potato
Carrots
Cauliflower

for dessert:

Melon & Fruit Medley Or
Cheese & Crackers Or
Fresh Fruit Or Yoghurt

choose a main meal:

Mince & Dumplings ♥
Or
Quorn Roast with Yorkshire Pudding (V)
Or
Tomato Tagliatelle (V) ♥
Or
Jacket Potato with Baked Beans (V)

on the side:

Mashed Potato
Carrots
Cabbage

for dessert:

Strawberry Mousse Or
Cheese & Crackers Or
Fresh Fruit Or Yoghurt

Thursday

choose a main meal:

Meatballs in Gravy ♥
Or
Mediterranean Potato Bake (V)
Or
Chicken & Tomato Tagliatelle ♥
Or
Jacket Potato with Cheese (V)

on the side:

Mashed Potato
Turnip
Peas

for dessert:

Cheesecake with Mandarin
Oranges Or Cheese & Crackers
Fresh Fruit Or Yoghurt

choose a main meal:

Sausage & Mash ♥
Or
Quorn Spaghetti Bolognese (V) ♥
Or
Homemade Giant Spring Roll (V)
Or
Jacket Potato with Cheese (V)

on the side:

Mashed Potato
Carrots
Broccoli

for dessert:

Homemade Raspberry Swirl Cake
Or Cheese & Crackers
Or Fresh Fruit Or Yoghurt

choose a main meal:

BBQ Pork Steak ♥
Or
Quorn Meatless Balls with Gravy (V)
Or
Homemade Sausage Roll
Or
Jacket Potato with Cheese (V)

on the side:

New Potatoes
Sweetcorn
Turnip

for dessert:

Homemade Chocolate Fudge
Cake Or
Cheese & Crackers Or
Fresh Fruit Or Yoghurt

Friday

choose a main meal:

Fish Fingers
Or
BBQ Chicken Style Quorn Wrap (V)
Or
Salmon & Broccoli Pasta Bake ♥
Or
Jacket Potato with Baked Beans (V)

on the side:

Chips
Sweetcorn
Peas
Baked Beans

for dessert:

Homemade Ginger Biscuit Or
Cheese & Crackers Or
Fresh Fruit Or Yoghurt

choose a main meal:

Fish and Chips
Or
Homemade Sweet Potato and Chickpea
Roast (V) ♥
Or
Assorted Panini's Or
Jacket Potato with Baked Beans

on the side:

Chips
Peas
Baked Beans

for dessert:

Joyce's Sweet Potato Crunch Or
Cheese & Crackers Or
Fresh Fruit Or Yoghurt

choose a main meal:

Fish Fingers
Or
Homemade Bubble & Squeak Cakes (V) ♥
Or
Veggie Carbonara (V)
Or
Jacket Potato with Baked Beans (V)

on the side:

Chips
Peas
Baked Beans

for dessert:

Homemade Lemon Traybake Or
Cheese & Crackers Or
Fresh Fruit Or Yoghurt

Menu – April 2022 – October 2022

Fresh water available everyday



Healthy option on the day



Least food miles travelled

Fresh salad available everyday

