Benefit Health Checks

Did you know that if you are pregnant or have children, whether you are in or out of work, you can drop into a Benefit Health Check session where you will be offered expert advice and support?

Coalfield Family Centre

Welfare Road, Hetton, DH5 9NE Thursday 09:30 – 11:30

Thorney Close Family Centre

Thorndale Road, Sunderland, SR3 4JQ Thursday 13:30 – 15:30



